

2025 FAST MUDSOCK CLASSIC PRELIMINARIES / FINALS Fishers Area Swimming Tigers

January 17 – 19, 2025

SANCTION: This meet is sanctioned by USA Swimming and Indiana Swimming. Sanction #IN25034 HOST: Fishers Area Swimming Tigers, P.O. Box #453, Fishers, Indiana 46038 POOL: Fishers High School Aquatic Center 13000 Promise Road Fishers, Indiana 46038 FACILITY: Two 25-yard pools with ten-7.5-foot wide lanes and non-turbulent lane markers. Both pools may be used for the preliminary sessions and finals sessions will be held in the competition (West) pool. Warm-down is available between the bulkheads. A Daktronics 2000 Time System will be used. Balcony spectator seating is provided. The main competition (West) pool has a minimum depth of five foot nine inches (5'9") and a maximum depth of six foot ten inches (6' 10"). The second (East) pool has a minimum depth of twelve feet (12') for the first five meters at the starting end. The second pool's turn end depth is three foot ten inches (3'10") for the first five meters. The competition course has not been certified in accordance with rule 104.2.2C(4). **PARKING:** Free parking will be available in the lots adjacent to the Fishers HS Aquatic Center. Enter the Natatorium through entrance FH6. **RULES:** Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet. At a sanctioned competitive event, USA Swimming athlete members must be

under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee may assist the member in planning for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Coaches must display their USA Swimming coach credential to gain deck access when arriving. The meet referee or meet director may ask for coach credentials and deny access if the coach does not comply.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Deck changes are prohibited.



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- **RULES, cont.:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.
- **ELIGIBILITY:** Swimmer(s) must be registered with USA Swimming to be accepted into this meet. These registration numbers must accompany entry. Age as of the January 17, 2025 shall determine each swimmer's age for the meet. All swimmers must be registered with USA Swimming. Indiana Swimming does not process on-site registrations. IHSAA Swimmers may need to obtain a waiver to compete in this meet.

MEET FORMAT: All Friday events are timed finals events. All 10-Under and 8-Under events will be swum as timed finals. Preliminaries will be conducted on Saturday and Sunday mornings for the 11-12, 13-14 & Open groups. There will be consolation and championship finals heats (Top 20) on Saturday and Sunday for the 11-12 and 13-14 age groups. There will be a C final (Places 15-24), a B final (Places 5-14), and a Super Final (Top 4) for the open age group.

The 13-14 and Open timed final events (including relays) will be swum fastest to slowest. The Open 1650 Freestyle will be swum as timed finals on Saturday and Sunday. The 1650 Freestyle will be the only event scored as a multi-age group.

If a swimmer misses their event, they will be declared a "no show" and will not be placed in any other heat to make-up the swim. The Fishers Area Swimming Tigers reserves the right to use "fly-over" starts for all events.

Two competition pools may be used for the preliminary and timed final sessions to maintain an adequate timeline. FAST will determine what events are to be swam in each pool. The meet will not be slowed down for swimmers competing in different age groups that happen to swim at the same time.

POSITIVE Coaches will be handed check-in sheets upon arrival each day. **CHECK-IN**

ENTRIES: Enter each swimmer with their full first name, last name, age and USA Swimming number on the entry. All times must be submitted in Short Course Yards (SCY) times and completed to the hundredth of a second. Converted times should use the Hy-Tek Time Converter.

Each swimmer in the 11-12, 13-14 and Open age groups will be limited to three (3) individual events per day. 8-Under and 10-Under swimmers are limited to five (5) individual events per day. If an entry is submitted with an individual entered in more events than allowed, the entry will be made by order of events starting with Event #1 until the limit is satisfied; there will be NO refunds.



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ENTRIES, cont.: FAST reserves the right to determine which entries to accept. Among the items FAST will consider when making these determinations are: teams will not be broken, number of officials and volunteers provided by the team, balance of age group and gender in entry, level of competition and geographic location.

FAST reserves the right to limit the number of entries in all events to keep the timeline manageable. There will be refunds for swimmers cut out of events.

- **ENTRY FEES:** All entry fees must be paid by a team's first session. Please make check payable to: FISHERS AREA SWIMMING TIGERS. Timed finals events are \$5.00 each, prelims/finals are \$6.00 per event, and Relays are \$8.00 each. There is also a \$20.00 per swimmer, per meet, Indiana Swimming surcharge which must accompany entry. No refunds will be made on entry fees.
- **DECK ENTRIES:** Deck entries will be accepted if the meet is not filled only as new additions. Changes will not be accepted. Deck entries are only for swimmers on teams already entered into the meet. Entry fee for deck entries is \$12.00 per prelim/finals event, \$10.00 per timed final event, and \$16.00 per relay.
- SCORING: 24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1 for Individual Events (Relays score double.)
- **ENTRY PROCEDURE:** We expect this meet to fill up very quickly. Entries will be accepted beginning Monday, December 02, 2024, at 8:00 AM ET. The final entry date for entries to be received is 11:59 PM ET on Friday, December 13, 2024, or when the meet is full, whichever is later. Teams not accepted will have their entries returned as soon as possible, but no later than by Monday, December 16, 2024, via email.

Any accepted team entries may be updated until midnight on Monday, January 13, 2025. Updated times must be received via email. No Phone updates will be accepted.

The entry deadline will be extended if the meet is not full. E-mail confirmation of receipt will be returned. The meet will be run using Hy-Tek Meet Manager computer program. Entries not submitted via email in Hy-Tek format will be subject to a \$50.00 data processing fee.

Mail entries and fees to:

C/O FAST Entry Chair P.O. Box # 453 Fishers, Indiana 46038 317-460-9206 Email: <u>entries@fasttigers.com</u>

FINALOne complimentary copy will be provided to all teams. Results will be posted on
the FAST website at www.fasttigers.com.



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- AWARDS: Medals for 1st through 3rd place and ribbons for 4th through 10th place finishers in individual events. Ribbons for relays 1st- 3rd place. Ribbons and medals will be awarded to 8-Under, 9-10, and 11–12 age groups. Team awards will be presented to the 1st and 2nd place visiting teams. High point awards (winner & runner-up) for all age groups (8-under, 9-10, 11-12, 13-14, and Open). Awards will not be mailed.
- **SCHEDULE:** All Times Are Eastern Standard.

Friday

10-Under, 11-12, 13-14 & Open Age Groups Warm-Ups Start Not Before 4:00 PM Meet Starts Start Not Before 5:00 PM FHS dismisses at 3:00 PM please do not arrive before 3:30 to let traffic clear.

Saturday & Sunday

11-12, 13-14 & Open Age Groups Prelims Warm-Ups Start Not Before 7:00 AM Prelims Start Not Before 8:30 AM Finals Warm-Up Start Not Before 4:30 PM (Sunday Not Before 4:00 PM) Finals Start Not Before 5:30 PM (Sunday Not Before 5:00 PM)

8-Under & 10-Under Age Groups Warm-Up Starts Not Before 12:00 Noon Meet Starts Not Before 1:00 PM

- CLERK OF
COURSE:There will be a Clerk of Course located on deck for all 8-Under events.
Coaches are encouraged to cover check-in, scratch, and meet procedures with
their new swimmers and parents. No parents are allowed on deck (This is an
insurance requirement of USA Swimming).
- **CONCESSIONS:** Concessions will be available at the concession stand outside the pool.
- **SPECTATORS:** There will be no charge for spectators.

MEET

- **PROGRAMS:** A free electronic heat sheet will be available.
- **WARM-UPS:** Lanes for warm-ups will be assigned. A complete schedule of lanes and times for warm-ups will be posted online and at the facility during the meet.
- MEET DIRECTOR: Ralph Thielking- rthielking@mmufus.com
- MEET REFEREE: Tyler Wolf wolfts10@hotmail.com



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- **USA SWIMMING SUIT RULES:** In swimming competitions, the competitor must wear only one swimsuit in one or two pieces, except as provided in USA Swimming rule 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.
- **OFFICIALS:** FAST will need the help of your USA Swimming Officials. If you have a parent that oversees your officials, please provide his/her name and email to the referee.
- **FACILITY NOTE:** The Fishers High School Aquatic Center is one of the most beautiful high facilities in the USA. It is important that all people attending this meet, whether it is swimmers, coaches, or spectators, treat this facility with the utmost care. The following rules will be strictly enforced:
 - Keep all trash picked up (swimmers and teams in particular).
 - Do not go, or let children go, in any unauthorized areas. This means any place other than the lobby or seating areas.
 - Due to USA Swimming insurance requirements, **only** swimmers, coaches, officials, and volunteers are allowed on deck.
 - No smoking, tobacco or vaping is permitted on campus.

The Fishers Area Swimming Tigers will have security people patrolling the deck and locker room areas. Anyone caught abusing the building or facility, will be asked to leave the facility immediately and barred from further competition.

Safe Sport 360: The Minor Athlete Abuse Prevention Policy prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

All athletes age 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after 30 days to the competition, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after the first day of competition, who competes in this USA Swimming sanctioned event



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without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

Covid Statement: An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

By attending or participating in this competition, you voluntarily assume all risks associated with exposure to covid-19 and forever release and hold harmless usa swimming and [the lsc] and each of their officers, directors, agents, employees or other representatives from any liability or claims including for personal injuries, death, disease or property losses, or any other loss, including but not limited to claims of negligence and give up any claims you may have to seek damages, whether known or unknown, foreseen or unforeseen, in connection therewith.



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Order of Events - Friday

Girls	Evening Session (Session #1) Warm-Up @ Not Before 4:00 PM Meet Starts @ Not Before 5:00 PM	Boys
1	10-Under 200 Individual Medley	2
3	11-12 200 Individual Medley	4
5	13-14 400 Individual Medley	6
7	Open 400 Individual Medley	8
9	10-Under 200 Freestyle	10
11	11-12 500 Freestyle	12
13	13-14 500 Freestyle	14
15	Open 500 Freestyle	16

Order of Events - Saturday

	Morning Session (Session #2)	
Girls	Warm-Up @ Not Before 7:00 AM	Boys
	Meet Starts @ Not Before 8:30 AM	
17	11-12 200 Freestyle	18
19	13-14 200 Freestyle	20
21	Open 200 Freestyle	22
23	11-12 100 Breaststroke	24
25	13-14 100 Breaststroke	26
27	Open 100 Breaststroke	28
29	11-12 100 Backstroke	30
31	13-14 100 Backstroke	32
33	Open 100 Backstroke	24
35	11-12 50 Butterfly	36
37	13-14 200 Butterfly	38
39	Open 200 Butterfly	40
41	11-12 50 Freestyle	42
43	13-14 50 Freestyle	44
45	Open 50 Freestyle	46
47	11-12 200 Medley Relay	48
49	13-14 200 Medley Relay	50
51	Open Medley Relay	52
53	Girls 1650 Freestyle (all heats in Preliminaries)	



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Girls	Afternoon Session (Session #3) Warm-Up @ Not Before 12:00Noon Meet Starts @ Not Before 1:00 PM	Boys
55	8-Under 25 Freestyle	56
57	10-Under 50 Freestyle	58
59	8-Under 25 Breaststroke	60
61	10-Under 50 Breaststroke	62
63	8-Under 50 Backstroke	64
65	10-Under 100 Backstroke	66
67	8-Under 50 Butterfly	68
69	10-Under 100 Butterfly	70
71	8-Under 100 Freestyle	72
73	10-Under 200 Medley Relay	74
75	8-Under 100 Medley Relay	76

	Finals Session (Session #4)	
Girls	Warm-Up @ Not Before 4:30 PM	Boys
	Meet Starts @ Not Before 5:30 PM	
17	11-12 200 Freestyle	18
19	13-14 200 Freestyle	20
21	Open 200 Freestyle	22
23	11-12 100 Breaststroke	24
25	13-14 100 Breaststroke	26
27	Open 100 Breaststroke	28
29	11-12 100 Backstroke	30
31	13-14 100 Backstroke	32
33	Open 100 Backstroke	24
35	11-12 50 Butterfly	36
37	13-14 200 Butterfly	38
39	Open 200 Butterfly	40
41	11-12 50 Freestyle	42
43	13-14 50 Freestyle	44
45	Open 50 Freestyle	46



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Order of Events - Sunday

	Morning Session (Session #5)	
Girls	Warm-Up @ Not Before 7:00AM	Boys
	Meet Starts @ Not Before 8:30 AM	
77	13-14 200 Individual Medley	78
79	Open 200 Individual Medley	80
81	11-12 50 Breaststroke	82
83	13-14 200 Breaststroke	84
85	Open 200 Breaststroke	86
87	11-12 100 Butterfly	88
89	13-14 100 Butterfly	90
91	Open 100 Butterfly	92
93	11-12 50 Backstroke	94
95	13-14 200 Backstroke	96
97	Open 200 Backstroke	98
99	11-12 100 Freestyle	100
101	13-14 100 Freestyle	102
103	Open 100 Freestyle	104
105	11-12 200 Freestyle Relay	106
107	13-14 200 Freestyle Relay	108
109	Open 200 Freestyle Relay	110
	Boys 1650 Freestyle (all heats in Preliminaries)	112

	Afternoon Session (Session #6)	
Girls	Warm-Up @ Not Before 12:00 Noon	Boys
	Meet Starts @ Not Before 1:00 PM	
113	8-Under 100 IM	114
115	10-Under 50 Backstroke	116
117	8-Under 25 Backstroke	118
119	10-Under 100 Breaststroke	120
121	8-Under 50 Breaststroke	122
123	10-Under 100 Freestyle	124
125	8-Under 50 Freestyle	126
127	10-Under 50 Butterfly	128
129	8-Under 25 Butterfly	130
131	10-Under 200 Freestyle Relay	132
133	8-Under 100 Freestyle Relay	134

Girls	Finals Session (Session #7) Warm-Up @ Not Before 4:00 PM Meet Starts @ Not Before 5:00 PM	Boys
77	13-14 200 Individual Medley	79
79	Open 200 Individual Medley	80
81	11-12 50 Breaststroke	82



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83	13-14 200 Breaststroke	84
85	Open 200 Breaststroke	86
87	11-12 100 Butterfly	88
89	13-14 100 Butterfly	90
91	Open 100 Butterfly	92
93	11-12 50 Backstroke	94
95	13-14 200 Backstroke	96
97	Open 200 Backstroke	98
99	11-12 100 Freestyle	100
101	13-14 100 Freestyle	102
103	Open 100 Freestyle	104

GENERAL INFORMATION:

Each team is responsible for its own valuables.

Each coach is responsible for the conduct of their team.

Only swimmers and coaches will be allowed in the deck area, except during the 500 Free and 1650 Free, at which time a designated timer and counter will be allowed on deck to help with that event. There are two men's and two women's locker rooms on deck.



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FEE SUMMARY

This summary form and Release and Hold Harmless Agreement must be completed and returned with club entry fees.

Mail the above to:

C/O FAST Ent P.O. Box # 453 Fishers, Indian 317-460-9206 Email: <u>entries (</u>	3	
Club		Club Code
Number of swi	mmers entered: Boys	+ Girls = Total ning Surcharge @ \$20.00 = \$
Number of swi	mmers entered: Indiana Swimn	@ \$6.00 = \$
		@ \$0.00 = \$ @ \$5.00 = \$
	ay entries @ \$8	
	NT ENCLOSED = \$	
Contact Inform Club Official su	mation: ubmitting entry:	Coach's Name:
Name:		
Address:		
C :+		
State, Zip:		
Emails		



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RELEASE AND HOLD HARMLESS AGREEMENT

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for himself, his successors and assigns, hereby releases and forever discharges Fishers Area Swimming Tigers, and its' Board of Directors, USA Swimming, Fishers High School and each of their respective officers, agents, employees, members, successors and assigns, and all other persons in any way connected with this swim meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further the undersigned shall indemnify and hold harmless Fishers Area Swimming Tigers, USA Swimming, and the Fishers High School and the officers, trustees, agents, employees and members of the foregoing and all other persons in any way connected with this event, from any and all other losses, expenses, damages, demands and claims arising out of or in connection with any injury, including death or alleged injury or damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Executed this	day of	 	 ,
Signature of Club Official	or Coach		

Printed Name of Club Official or Coach



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FISHERS AREA HOTEL INFORMATION

There are several excellent hotels within 15 minutes of the pool. We recommend **Hyatt Hotels in the Fishers District and SpringHill Suites**. Click on the links below to receive a team discount. **Hyatt Place:** <u>https://www.hyatt.com/en-US/hotel/indiana/hyatt-place-indianapolis-fishers/indzf?corp_id=191083</u> **Hyatt House:** <u>https://www.hyatt.com/en-US/hotel/indiana/hyatt-house-indianapolis-fishers/indxf?corp_id=191083</u>

<u>fishers/indxf?corp_id=191083</u>				
Hyatt Place	Courtyard by Marriott	Hyatt House		
<u>11455 Ikea Way,</u>	11550 Whistle Dr,	<u>11455 Ikea Way,</u>		
Fishers, 46037	Fishers, 46037	Fishers, 46037		
<u>3 miles from the pool</u>	3 miles from the pool	<u>3 miles from the pool</u>		
Wyndham	Embassy Suites by Hilton	Holiday Inn Express & Suites		
13500 Tegler Dr,	13700 Conference Center Dr,	13625 Tegler Dr,		
Noblesville, 46060	Noblesville, 46060,	Noblesville, 46060		
4 miles from the pool	4 miles from the pool	4 miles from the pool		
Staybridge Suites	Residence Inn by Marriott	Hilton Garden Inn		
9780 Crosspoint Blvd,	9765 Crosspoint Blvd,	9785 N by NE Blvd,		
Indianapolis, IN 46256	Indianapolis, IN 46256	Fishers, IN 46037		
6 miles from the pool	6 miles from the pool	6 miles from the pool		
Home2 Suites by Hilton	SpringHill Suites by	Fairfield Inn & Suites		
9701 N by NE Blvd,	<u>Marriott</u>	10495 Crosspoint Blvd,		
Fishers, IN 46037	<u>9698 Hague Rd,</u>	Indianapolis, IN 46256		
6 miles from the pool	Indianapolis, IN 46256	5 miles from the pool		
	<u>5 miles from the pool</u>			

We also recommend **SpringHill Suites Indianapolis Fishers**. Use the following link to book your stay with the **corporate rate for Fishers Area Swimming Tigers (FAST)**



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USA Swimming is working to increase awareness and reduce the risk of abuse in swimming through its Safe Sport program. With all youth sports, creating a safe environment is the responsibility of all adults who work with kids.

LOCKER ROOM MONITORING

The locker rooms will be monitored regularly and randomly throughout the competition by meet personnel. Keeping in mind this is a public facility, please report any concerns regarding unknown individuals and/or locker room behavior with the meet director.



DECK CHANGING

Deck changing is prohibited at USA Swimming events. Please use the designated locker room or changing area to change, in whole or in part, into or out of a swimsuit when you are wearing just one suit. Please report any observed deck changing to the meet director.



RECORDING DEVICES

Use of any recording device, including voice recording, still camera or video is prohibited in the locker rooms, changing areas and from behind the blocks when swimmers are in the starting position or exiting the pool. Please report any use of a recording device in these spaces to the meet director.



ONE-ON-ONE INTERACTIONS

All one-on-one interactions between an adult and a minor athlete must occur within an observable and interruptible distance from another adult. Please report any concerns with one-on-one interactions between adults and minor athletes at this event to the meet director.

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TRAININGS

USA Swimming offers Safe Sport resources to parents and athletes including information on policies such as the Minor Athlete Abuse Prevention Policy, the USA Swimming Code of Conduct and also free training and education on misconduct in sport. Please visit www.usaswimming.org/protect for more information.

Resources: www.usaswimming.org/protect, safesport@usaswimming.org