



FAST ADDITIONAL MINOR ATHLETE ABUSE PREVENTION POLICIES

Effective Date: September 1, 2024

Introduction

FAST is committed to building a sport community where athletes can learn in an atmosphere free of emotional, physical, and sexual misconduct. FAST participants, parents/guardians, staff, and coaches are required to follow the USA Diving Minor Athlete Abuse Prevention Policies (USAD MAAPP) which is posted on our website under "Athlete Safety". In addition to the USA Diving MAAPP, the following is effective for FAST members and volunteers on September 1, 2024:

A. Policy: Parent/Guardian and Minor Athlete Training

1. We highly encourage our parents/guardians and minor athletes to receive designated SafeSport Training provided here.

B. Policy: Private Lessons/Individual Training Sessions

1. FAST does not offer private lessons or individual training sessions. If an unforeseen circumstance of one-on-one coaching were to take place, our expectation is a parent/guardian would be present and observe the entire practice.

C. Policy: Athletic Training Modalities, Massages, and Rubdowns

1. The provider should narrate the steps in the massage, rubdown, or athletic training modality before taking them, seeking assent of the Minor Athlete throughout the process.
2. When possible, techniques should be used to reduce physical touch of Minor Athletes.
3. Only licensed providers should administer a massage, rubdown, or athletic training modality.
4. Coaches and staff, regardless of whether they are licensed massage therapists, should not massage Minor Athletes.

D. Policy: Lodging

1. Competition travel and logistics also do not fall under the purview of FAST administration. FAST does not authorize, require, recommend, or fund lodging requirements. Arrival and departure dates and times, daily training and competition times will be provided as dictated by the competition administration.

E. Policy: Communication

- 1. Meet communication will be conducted on Team App per meet.
- 2. Electric communication will be conducted within reasonable hours per situation.

I acknowledge having received and read the FAST MAAPP and being provided the opportunity to review and read the USAD MAAPP by FAST representatives. I understand the USAD MAAPP and FAST MAAPP are available on the FAST website under "Forms". I also understand that any questions regarding MAAPP can be directed to FAST.

Participant Signature _____ Date _____

Printed Name _____ Date _____

Parent/Guardian Signature (if Minor Athlete) _____ Date _____

Parent/Guardian Printed Name _____ Date _____